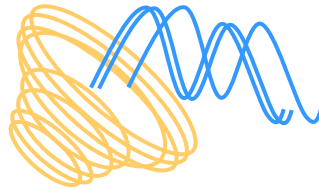


Blue Mountains Food Rescue

Food donated by generous local businesses
of the Blue Mountains to those in need



Brought to you by:



& supported by many community partners including



Interested in being involved?

Contact Sarah on
sarah@earthrecoveryaustralia.org.au
or Rosa on 0416 221 963.

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Food rescue is the process of volunteers safely obtaining excess food from local food businesses and immediately transporting it to local community organisations, who redistribute the food to those who most need it.

Benefits of food rescue for participants

- ◆ Community hunger reduced.
- ◆ Landfill and waste management costs reduced.
- ◆ Food picked up and distributed at no cost to businesses.
- ◆ Community organisations distribute more variety and more nutritious food when available. Funding saved on food can be spent on other services for clients.

Foods that can be donated

- ✓ Prepared or unprepared food from regulated providers.
- ✓ Fresh produce without significant decay.
- ✓ Frozen or fresh meat.
- ✓ Eggs and dairy products.
- ✓ Bakery items up to 24 hours old.
- ✓ Canned or packaged food that is undamaged.
- ✓ Food past its 'best before' date.

Foods that cannot be donated

- × Food from unregulated providers (including home made).
- × Fresh produce with significant decay.
- × Stale bakery items.
- × High risk seafood.
- × Anything containing alcohol.
- × Food in damaged packaging.
- × Cooked rice.
- × Food past its 'used by' date.

